



Principles of Subtle Activism Practice

1. Non-attachment to outcome: “surrender the fruits of action to the Divine”
2. Act ‘as if’ our subtle actions are real
3. Owning our shadow: we are all a mixture of light and dark
4. Practice from wholeness: disidentify from our wounded parts when we practice
5. Take a risk or make a sacrifice in alignment with your intentions
6. Ask permission from the spirits associated with target collective entity, e.g., local spirits of a place, soul or spirit of a nation
7. Practice safely: Ground in the Earth, call in Allies, invoke membrane of light

Principles of Building Coherent Group Fields

1. Find a common purpose
2. Acknowledge and integrate differences within the group
3. Develop subtle perceptions to sense our unity at very deep levels